

## The THINK study: Identifying cognitive impairment in youth mental health care

Key dates	31/10/2024 - 30/06/2025
Participants sought	<p>Youth mental health professionals who:</p> <ul style="list-style-type: none"> <li>• currently work directly with young people (aged 12 – 25) in a mental health care role, and</li> <li>• have training in evidence-based mental health care – minimum Certificate IV or equivalent in a health or related area.</li> </ul>
About	<p>Cognitive impairment, such as problems with attention or memory, is a common feature of mental illness that can have significant functional impacts for young people at school, work, in relationships, for recovery and other parts of life.</p> <p>The first step in addressing cognitive impairment in young people is to identify it.</p> <p>As part of a new study, researchers at Orygen and the University of Melbourne want to investigate youth mental health worker experiences of identifying cognitive impairment, including barriers and enablers to screening cognition, as part of routine care.</p>
What is involved	<p>By completing a 10-minute online survey, you will help us to understand more about youth mental health workforce experiences identifying cognitive impairment in practice. Participants can also enter the draw to receive 1-of-10 \$50 eVouchers of their choosing.</p> <p>Survey participants who currently work in Australia will be invited to express interest in participating in a 30–60-minute semi-structured online interview to further explore current practices, barriers and enablers to screening cognition with young people, and what could support practice. All interviewees will be reimbursed with a \$45 eVoucher for their time.</p> <p>This project has received approval from the Melbourne Health Human Research Ethics Committee (HREC2022.086-RMH82091)</p>
How to get involved	<p>To download the participant information sheet and to take part in the survey, please click <a href="#">here</a>.</p> <p>Otherwise, you can find our study page at <a href="https://www.orygen.org.au/Research/Currently-recruiting/THINK-study-(1)">https://www.orygen.org.au/Research/Currently-recruiting/THINK-study-(1)</a></p> <p>Those interested in taking part in the interview will find instructions on how to express their interest at the end of the survey.</p>
Institution and investigator contact	<p>Chief Principal Investigator: Isabel Zbukvic Senior Research Fellow - Evidence Translation Orygen, Centre for Youth Mental Health Email: <a href="mailto:Isabel.zbukvic@orygen.org.au">Isabel.zbukvic@orygen.org.au</a></p> <p>Primary Researcher: Lee Unsworth PhD Student/Provisional psychologist Email: <a href="mailto:lee.unsworth@orygen.org.au">lee.unsworth@orygen.org.au</a></p>