

AASW Introduction to Best Practice for Supervision

Virtual workshop series



**CLAIM
7.5 HRS
CPD!**

This virtual workshop series will equip you with contemporary knowledge, tools and skills and set you on a clear path to building your confidence and competence as a supervisor. This introductory course will prepare you to provide best practice supervision, create a safe and reflective space, and support the professional learning and growth of those you supervise.

Participant Testimonies

"I was very impressed with the workshop. Filled gaps in knowledge, established best practice basis and bumped up my personal confidence in this area."

"I appreciate the workbook, and I also liked exploring all the resources provided."

"Loved the training. Bravo! Great and positive experience with practical outcomes and lightbulb moments for me!"

"The case studies, practical activities (role play), and practice examples were excellent. We also enjoyed the role plays and the opportunity to debrief and discuss."



Key Takeaways

By the end of this program, participants will be able to:

- Describe contemporary approaches in best practice for supervision
- Create and maintain a safe and reflective space for supervisees
- Understand how supervision can strengthen, and support lived experience
- Develop confidence in establishing and guiding the supervisory relationship
- Demonstrate how to prepare and apply skills in varied supervision contexts
- Recognise how to model practice leadership through supervision

Program Overview

Pre-work and self-reflection (0.5 hours)

Participants are required to complete readings and self-reflections in preparation for each workshop session.

Live online workshop 1 (3.5 hours)

The initial knowledge-based workshop presents evidence-based principles, models and tools that underpin safe and effective supervision practice. Participants will engage in a collaborative learning approach, via large and small group reflections and discussions. Various resources will be provided to participants including take-home tools and templates.

- Best practice supervision essentials
- What type of supervisor do I need to be?
- Managing expectations, risks and deliverables
- Tried and true – agreements and templates

Learning Activities: participants will engage in small group discussions to share insights and explore themes related to supervision challenges. Each group will brainstorm effective strategies and best practices for addressing specific scenarios while using Interactive polls and surveys.

Live online workshop 2 (3.5 hours)

The follow up skills-based workshop builds on the first session through practical application and synthesis. Through an experiential learning approach, participants will delve into the supervisory role through case studies, live demonstration, observation, critical reflection and feedback.

- The personal is professional
- Use of self within a reflective space
- Communicate to understand
- Managing challenges
- Sustainability and support

Learning Activities: participants will engage in role-playing scenarios to simulate real-world supervision challenges, as well as role reversal exercises, enabling them to empathise with both supervisor and supervisee dynamics. Additionally showcasing case study examples illustrating effective supervision strategies in action with Gallery walks.

Contact Us Today to discuss your training needs and start building a brighter future for your organisation.

Contact Us: Book your 15-minute consultation with us today