

AASW Facilitating Group Supervision

Virtual workshop series

**CLAIM
8 HRS
CPD!**



2025 Workshop 1

Day 1: 21 May 2025
Day 2: 28 May 2025

Time: 9:00AM – 12:30PM (NSW time)

Facilitated by Carolyn Cousins



2025 Workshop 2

Day 1: 25 November 2025
Day 2: 2 December 2025

Time: 9:00AM – 12:30PM (NSW time)

Facilitated by Grace Leotta

Course description

This program offers an in-depth exploration of the principles, practices, and challenges of facilitating group supervision sessions. Over two live online sessions, participants will develop practical skills and knowledge to lead group supervision effectively across various professional settings.

The workshop covers essential topics, including the foundations of group supervision, preparing and structuring sessions, facilitation techniques, managing group dynamics, and addressing ethical considerations. Through a mix of presentations, interactive activities, role plays, and reflective discussions, participants will enhance their abilities as group supervision facilitators.

Testimonies

“Participating in this training has been an eye-opening experience. Attending the supervision training has significantly enhanced my understanding of effective supervisory practices.”

“Found it really useful and will apply learnings in practice.”

“The presenters were very good. knowledgeable, engaging, and helpful.”

“The workbook was really useful and got heaps of really useful resources to better improve my practice and skills. thanks.”

KEY TAKEAWAYS

By the end of this program, participants will be able to:

- **Understand group supervision:** Define group supervision and compare it with individual supervision to evaluate its benefits and differences.
- **Undertake self-reflection:** Analyse strengths and growth areas as facilitators
- **Explore facilitation skills:** Consider facilitation skills to promote active learning in group settings
- **Understand how to establish a safe environment:** Explore strategies to establish trust and psychological safety in group supervision.
- **Manage Dynamics:** Explore how to navigate power dynamics in multi-disciplinary teams while addressing diverse needs
- **Manage conflict and resolution:** Identify challenges, and explore strategies to address conflict with scenarios

Program Overview

Pre-work and self-reflection (1 hour)

Participants are required to complete readings and self-reflections in preparation for the workshops.

Live online workshop 1 (3.5 hours)

This interactive workshop will focus on laying the foundation for effective group supervision. We'll start by exploring the core principles of group supervision and its importance in supporting growth and development within teams. Participants will engage in hands-on activities designed to help you prepare for working with your group, including strategies for building trust, creating a safe space, and setting clear expectations.

You'll also have the opportunity to reflect on your role as a facilitator and how to foster meaningful conversations in a group setting. Through guided reflection exercises, we'll delve into real-world scenarios, helping you apply key concepts to your specific context. By the end of the workshop, you'll have a solid understanding of how to prepare the groundwork for leading a group and build confidence in your journey as a group supervisor.

Live online workshop 2 (3.5 hours)

This interactive workshop will focus on developing the key skills required for successful group supervision. We'll explore common ethical challenges that arise in group settings and how to navigate these situations with confidence and professionalism. Through case studies and group discussions, participants will engage in real-world problem-solving to better understand the complexities of maintaining ethical standards while fostering open dialogue within a group.

The workshop will also cover the essential competencies of an effective group supervisor, including communication techniques, conflict resolution, and strategies for encouraging meaningful participation from all group members.

By the end of the workshop, you'll have the tools and confidence to apply these competencies in your practice, and we'll conclude by discussing your way forward—how to continue refining your skills and grow as a group supervisor. This workshop is designed to be highly interactive, giving you plenty of opportunities to reflect, practice, and plan your next steps.

How to Enrol:

[Click Here](#) to find out more.

OR

Scan the QR code to find out more.



Proudly funded by

