

# AASW Introduction to Best Practice for Supervision

Virtual workshop series

**CLAIM  
7.5 HRS  
CPD!**



## 2025 Workshop 1

**Day 1:** 26 March 2025  
**Day 2:** 2 April 2025

**Time:** 9:00AM – 12:30PM (NSW time)

*Facilitated by Tori Cooke*

## 2025 Workshop 2

**Day 1:** 1 October 2025  
**Day 2:** 8 October 2025

**Time:** 9:00AM – 12:30PM (NSW time)

*Facilitated by Tori Cooke*

## Course description

This virtual workshop series will equip you with contemporary knowledge, tools and skills and set you on a clear path to building your confidence and competence as a supervisor.

This introductory course will prepare you to provide best practice supervision, create a safe and reflective space, and support the professional learning and growth of those you supervise.

## Testimonies

*"I was very impressed with the workshop. Filled gaps in knowledge, established best practice basis, and bumped up my personal confidence in this area."*

*"I appreciate the workbook and liked exploring all the resources provided."*

*"Recommend it to anyone considering becoming a supervisor, or an already established supervisor who may want to consider brushing up on existing knowledge."*

*"This training was extremely beneficial for me in helping to lead my team and offer the best possible supervision that I can."*

*"The training was informative, the trainer was engaging and all participants actively engaged to support learning."*

## KEY TAKEAWAYS

**By the end of this program, participants will be able to:**

- Describe contemporary approaches in best practice for supervision
- Create and maintain a safe and reflective space for supervisees
- Understand how supervision can strengthen, and support lived experience
- Develop confidence in establishing and guiding the supervisory relationship
- Demonstrate how to prepare and apply skills in varied supervision contexts
- Recognise how to model practice leadership through supervision

## Program Overview

### Pre-work and self-reflection (0.5 hours)

Participants are required to complete readings and self-reflections in preparation for each workshop session.

### Live online workshop 1 (3.5 hours)

The initial knowledge-based workshop presents evidence-based principles, models and tools that underpin safe and effective supervision practice. Participants will engage in a collaborative learning approach, via large and small group reflections and discussions. Various resources will be provided to participants including take-home tools and templates.

- Best practice supervision essentials
- What type of supervisor do I need to be?
- Managing expectations, risks and deliverables
- Tried and true – agreements and templates

*Learning Activities:* participants will engage in small group discussions to share insights and explore themes related to supervision challenges. Each group will brainstorm effective strategies and best practices for addressing specific scenarios while using Interactive polls and surveys.

### Live online workshop 2 (3.5 hours)

The follow up skills-based workshop builds on the first session through practical application and synthesis. Through an experiential learning approach, participants will delve into the supervisory role through case studies, live demonstration, observation, critical reflection and feedback.

- The personal is professional
- Use of self within a reflective space
- Communicate to understand
- Managing challenges
- Sustainability and support

*Learning Activities:* participants will engage in role-playing scenarios to simulate real-world supervision challenges, as well as role reversal exercises, enabling them to empathise with both supervisor and supervisee dynamics. Additionally showcasing case study examples illustrating effective supervision strategies in action with Gallery walks.

## How to Enrol:

[Click Here](#) to find out more.

OR

Scan the QR code to find out more.



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