

The Application of Mindfulness Techniques in the Practice of Social Work with Children in Perth, Western Australia.

Key dates	Interviews will be conducted in November and December 2025.
Participants sought	We are seeking social workers based in Perth, Western Australia, who regularly use mindfulness techniques in their work with children aged 6 to 11 years.
About	My name is Jemma Trimboli, and I am conducting this research as part of my Master of Advanced Social Work at the University of Western Australia. The primary aim of this study is to explore how social workers in Perth use mindfulness-based interventions with children. We hope the findings will provide valuable insights and additional education for social workers, enriching their practice beyond formal social work education, particularly in supporting children's social and emotional learning.
What is involved	Participants will take part in informal, semi-structured interviews and be invited to share their understanding of mindfulness and how they incorporate it into their work with children. Interviews will be scheduled at a time and location convenient for each participant during November and December 2025. Each interview will last up to 1.5 hours, and if the need arises, an online interview will be offered via the platform TEAMS. All participants will receive a \$50 Coles Myer voucher in acknowledgment of their time, and refreshments will be provided during in-person interviews.
How to get involved	Participation is voluntary, and interested social workers are invited to contact the researchers for further information. • Jemma Trimboli jemma.trimboli@research.uwa.edu.au • A/Professor Susan Young, Social Work & Social Policy, School of Allied Health, UWA susan.young@uwa.edu.au • Dr Antonia Hendrick, Social Work & Social Policy, School of Allied Health, UWA antonia.hendrick@uwa.edu.au
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