

CALLING THERAPISTS TO
PARTICIPATE IN A RESEARCH STUDY

Strength Amidst Trauma Work

Investigating Resilience and
Sustainability in Therapeutic Practice

You are invited to take part in a research project exploring the rewarding and sustaining aspects of working as a trauma counsellor.

Who can participate?

- Licensed therapists, counsellors, or psychologists
- Currently providing or have experience providing trauma counselling
- A minimum of 1 year experience providing trauma counselling
- Individuals over 18 years of age

What participation involves

- If you choose to take part, you will be asked to complete an online survey. The survey includes both multiple-choice and open-ended questions and will take approximately 30-40 minutes to complete.
- At the end of the survey, you may also elect to take part in a follow-up interview to explore your experiences in more depth.
- Participation is confidential and responses will be anonymised.

Benefits

Your contribution will help build understanding of what sustains trauma counsellors, with potential benefits for workforce wellbeing, policy, and practice.

To learn more, please scan the QR code below to access the Participant Information Letter, Consent Form and Online Survey.

Questions?

Please contact Carol Ronken, Director of Research, Bravehearts at research@bravehearts.org.au

This study was approved by the Bond University Human Research Ethics Committee (HREC Approval No. CM03604)

