

Understanding uptake of digital treatments

Key dates	Survey open until September 30th
Participants sought	Health professionals who work with women during the perinatal period
About	<p>Perinatal mental health problems affect many new mothers. However, most women do not receive treatment for these problems due to difficulty accessing face to face care. Evidence-based digital treatments could help fill this gap, yet they are not routinely offered in healthcare settings.</p> <p>This study seeks to understand why, by surveying clinicians about the factors that limit their use of digital treatments.</p>
What is involved	Participation involves a short, anonymous 5-minute online survey.
How to get involved	To take part, go to https://piri.au/understanding-uptake
Institution and investigator contact	<p>Parent-Infant Research Institute</p> <p>Julia Fredrickson</p> <p>Email: julia.fredrickson@austin.org.au</p>