

Therapy beliefs and practices among Clinicians

Key dates	June 15 August 15 2026
Participants sought	Australian practitioners, including counsellors, psychologists, mental health nurses, social workers, and occupational therapists, who work with clients with anxiety, OCD, and/or PTSD.
About	An online questionnaire study seeking to understand therapy beliefs and practices among a diverse range of Australian health practitioners working with anxious clients.
What is involved	An approximately 20-minute online survey asking about investigating clinicians' beliefs about and approach to therapy. Participants who complete the survey will go in the draw to win one of three tablets valued at approximately \$700.
How to get involved	If you are interested in participating, please sign up via the following link: https://q.surveys.unimelb.edu.au/jfe/form/SV_cBHQYOVaP3nCbwa . Eligible participants will then be sent a link to complete the study survey.
Institution and investigator contact	The University of Melbourne. If you have any questions or would like to know more, contact Sarah Pearse at sarah.pearse.1@unimelb.edu.au .