

RICK SCOTT

Skills Summary

Skilled and experienced trauma therapist and counsellor

Excellent client feedback and rebooking rate

Skilled in rapid assessment, rapport building, and brief interventions

Relationship-based practice model with heavy use of solutions-focussed, acceptance and commitment therapy, narrative therapy and motivational interviewing

Skilled and trained clinical supervisor and mentor in state and federal public sectors.

Education

Grad Cert in Indigenous Trauma and Recovery Practice (UOW)

MSW(PQ) (JCU)

MBA (UNE)

BA (UNSW)

Relevant Training

Bouverie Centre Clinical Supervision Training

Acceptance and Commitment Therapy as a Brief Intervention

Blue Knot Working Therapeutically With Complex Trauma Clients

Certificate in Aboriginal Narrative Therapy

Preventing Suicide – the Solutions-Focused Approach

Psychological First Aid

Skills for Psychological Recovery

Schema Therapy Online – Introduction

Extensive Qld Health Mental Health/AOD training (see p 4)

Applied Suicide Intervention Skills Training

DV Alert Recognise, Respond and Refer Mental Health First Aid Instructor (not current)

Volunteering

President, North Townsville Community Hub Inc

Experience

Deep waters healing

Owner and consultant – Sep 2022 –

Mental health counselling and therapy provided to private patients, as well as through contracts with EAP providers and neighbourhood centres. Specialised in trauma, anxiety & depression, addiction, and forensics.

Converge International

Senior Consultant – Sep 2021 – Sep 2024

Psychosocial counselling, managerial coaching, critical incident response, consulting and group work covering First Nations issues, mental health, relationships, workplace issues, addictive behaviours, and immediate and long-term trauma recovery, delivered in person and via telehealth.

Medibank Health Solutions

Counsellor/Aboriginal Advisor – Jun 2021 – Sep 2021

Inbound and outbound telehealth on BeyondBlue and Quitline. Solutions-focussed counselling, psycho-ed, assessment and referral to address a wide range of issues presenting on BeyondBlue, and longer-term weekly counselling to Quitline clients.

Centacare NQ Disrupting Family Violence Program

Counsellor-Co-Facilitator /Apr 2021 – Jun 2021

Intake to, and delivery of, a mens behaviour change program using elements of CBT, motivational interviewing, solutions-focussed approaches and narrative therapy.

Townsville University Hospital

Senior Social Worker – Emergency Department /Aug 2020 – Feb 2021

Provided a variety of out-of-hours interventions including trauma, end-of-life, domestic and family violence, disability service access, homelessness, child protection, and aged care liaison. Provided patient advocacy, psychosocial assessment, and connection to community services, as well as referral to Qld Health community services.

Anglicare SQ Management of public intoxication program

Program lead & Senior Case Manager / Aug 2019 – Aug 2020

Led a team of four, three of whom identify as Aboriginal, delivering an assertive outreach program to minimise harm for people drinking in public spaces, almost all of whom were homeless. Clientele were 100% Aboriginal. I built a culturally proficient team within a mainstream organisation and implemented trauma informed practice..

Dept of Communities, Disability Services & Seniors

Contract & Service Development Officer / Jan 2019 – Aug 2019

Managed \$4.6m in contracts covering public intoxication; counselling; neighbourhood centres and social isolation. Management role in Community Recovery after floods

TAIHS Youth Support Service/Lighthouse diversionary program

Student Placement / Aug-Nov 2018

Developed a cultural connection program for justice-involved young people, undertook case management, outreach and program development for vulnerable young people.

Dept of Natural Resources, Mines & Energy

Manager Strategic Policy & Analytics / Sep 2016-Jul 2018

Led development of strategic analytics and delivery of dam safety legislation strengthening resilience by better stakeholder communications and transparency.

Depts of Energy & Water Supply/Env't & Resource Mgt/Natural Resource Mgt

Director/Manager various strategic policy teams / Aug 2011-Jul 2018

Led teams in a dynamic environment and achieved results while maintaining morale. Transformed legislation governing local government water businesses

Queensland Water Commission

Manager Market Rules Administration / Oct 2008–Aug 2011

Managed implementation of urban water reform in SEQ, including facilitating contractual arrangements between utilities, compliance, and quality control arrangements.

Defence Community Organisation

Director Strategic Review / May 2007–Oct 2008

Led a strategic review of DCO. This included consulting stakeholders, developing program logic framework, reviewing case management, and reshaping strategic direction.

Attorney General's Department

Acting Assistant Secretary / May 2003–Oct 2004

Managed whole-of-government security policy development and delivery of commercial security services to public and private customers. I also led Departmental security and was rostered as national incident coordinator for terrorism/security incidents

Defence Intelligence Organisation/Defence Signals Directorate

Director of various teams / Oct 2004–May 2007 & 1994–2003

Managed external relations, sourcing information, direct support to operations, economic and infrastructure analysis. Also coached and led various crisis support teams.